

Power in Peers

Power In Peers® is a standardized curriculum in peer support designed by law enforcement for law enforcement. The course provides a national certification and is considered to be a comprehensive course for both beginners and those with previous peer support experience.



Course Overview

This course will train active and retired members of law enforcement, as well as civilian support staff and mental health clinicians, to assist and support peer officers with managing stress related not only to their duties as law enforcement officers, but also with stress related to life outside the scope of the job. While trained peer support services are most likely to be sought out following a critical incident, course participants will be equipped to assist fellow officers with managing everyday stressors related to life as a law enforcement professional. Thus, this course contains post-critical incident skills development, but also focuses on active listening skills as well as concepts from the field of Positive Psychology which focus on the development of individual strengths of the supported officer. This course is intended to increase the skill level and number of trained peer supporters among members of the law enforcement profession. In addition, it will create a national standard for trained peer support in peer support, and provides the student with access to a nationwide network of trained mentors.

Target Audience

Active or retired sworn law enforcement officers, civilian staff employed by a law enforcement agency, police chaplains, mental health clinicians serving law enforcement populations.

This class will be taught by the Alaska State Troopers and held at the Wasilla Police Dept. From February 2-6, 2026. This is a 40 hour course and will be from 0800-1700 hours.

This course is not a replacement for CISD procedures but was created to help support peers with stressors that fall outside of critical incidents. Successful completion of this course will allow participants to practice peer support in accordance with Alaska Statutes 18.95.020-040.

To register for this class or if you have questions please contact:
Trp. Jamie Hammons by email at Jamie.Hammons@alaska.gov

