



# Burny's Fire Facts

## HOME FIRE SAFETY TIPS FOR OLDER ADULTS

*Knowing what to do in the event of a fire is particularly important for older adults. At age 65, people are twice as likely to be killed or injured by fires compared to the population at large. To increase fire safety for older adults, here are some guidelines:*

- ◆ Consider sleeping in a room on the ground floor in order to make emergency escape easier. The ground floor also allows better accessibility for fire and medical personnel.
- ◆ If you or someone you live with cannot escape alone, designate a family member or neighbor to assist, and be sure to practice your escape plans.
- ◆ Make sure that you are able to open all doors and windows in your home. Check to be sure that all hardware is working efficiently.
- ◆ Keep a telephone nearby, along with emergency phone numbers so that you can communicate with emergency personnel if you're trapped in your room or have a medical emergency.
- ◆ Have working smoke alarms and consider installing a smoke alarm that uses a flashing light or vibration to alert you to a fire. Smoke alarms that have wireless transmitters to alert others are also available.



*For More Information call Michael Warzewick at (907) 746-5062*

*Email: [michael.warzewick@alaska.gov](mailto:michael.warzewick@alaska.gov)*

