Anchorage Police Department
Crisis Intervention Team (CIT) Training
40 hour basic course
October 19 - 23, 2015
8:00 AM - 5:00 PM
APSC approved course
$50 materials fee

The Anchorage Police Department Crisis Intervention Team (CIT) is an innovative police-based first responder program that is based on the "Memphis model" of pre-arrest jail diversion for those in mental illness crisis. This program provides law enforcement based crisis intervention training for helping those individuals with mental illness. Involvement in CIT is voluntary and based in the patrol and dispatch divisions of the police department. In addition, CIT works in partnership with those in mental health care to provide a system of services that is friendly to the individuals with mental illness ("consumers"), family members, and first responders.

National outcomes have shown CIT to be effective in developing empathy, positive perceptions, and increased confidence among first responders; providing efficient crisis response times; increasing jail diversion among those with mental illness; improving the likelihood of treatment continuity with community based providers; and impacting psychiatric symptomatology for those suffering from a serious mental illness as well as substance abuse disorders. This was all accomplished while significantly decreasing police officer and consumer injury rates.

The target audience for APD CIT is first responder personnel, which includes, but is not limited to certified police officers, dispatchers, report takers, fire and EMS, University police, police and fire chaplains, child and adult case workers, adult and juvenile probation officers, Veterans Administration police, DOC employees, United States Military, mental health case or social workers, school personnel, hospital staff, and mental health service providers.

If you have any questions or to register for this course, please contact **Officer Ruth Adolf at 907-729-7668** or email: **radolf@muni.org**. Class size limit is 30 persons, so register now!

In partnership with

NAMI
National Alliance on Mental Illness

The TRUST
The Alaska Mental Health Trust Authority